



# CAREGIVERS

## The Buenaventura INTERFAITH Volunteer Program

Sponsored by the Sisters of St. Joseph of Carondelet

Spring 1991

Volume 8 Number 1

### February 9, 1991 - An exciting night for CAREGIVERS!



Our long dreamed of Endowment Fund became a reality at the inaugural "Salute to Distinguished Seniors" Awards Dinner held in the grandballroom of the Holiday Inn. Thanks to the energies of the CAREGIVER Board of Directors, the Advisory Board and diligent volunteers, their supportive work culminated in a successful, inspirational and entertaining celebration of life.

their lifetime achievements. For each of the honorees, faith-in-action was the clear motivation for their generous response to the needs of the people of Ventura County. Their stories of personal heroism, committed public service, stability, fidelity, integrity, creativity and plain hard work, nourished each of the 125 persons present.

Volunteering is an esteemed American tradition! The ability and willingness of volunteers to respect and support the welfare of their neighbors who are in need of a helping hand is part of our way of life.

Caregivers is proud of our honorees and congratulates each one. We also congratulate and recognize the contribution of their families, for no one person acts in isolation. Each "star" needs supporting players!

The establishment of the CAREGIVERS Endowment Fund fulfills the vision of a future when bequests, trusts and other gifts could be a major source of funds.



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#### Second Annual Community Cuisine Dinner

**Our first dinner in Santa Paula, featured a beautiful buffet, singing, laughter and camaraderie. We alternate locations - this year we will celebrate at the KC Hall in Ventura on Sat., May 4th. at 6 p.m. \$30 per person, \$200 per table of 8. Come, enjoy, and bring friends.**



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## TO CARE AND SHARE . . .

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*Josephine McCollum (sitting) and her Volunteer, Peggy Weigand*

"I really did enjoy the holiday party December 6th. I got very sick soon afterward, so it was the only party I got to. Thank you a lot. I have been real lucky — sold one apron last week and one today so I have enough to send you this small THANK YOU gift. God bless you all."

VF, age 66

"It is impossible to express my gratitude for your organization and the help they are giving me. As my arthritis progressed I had to admit that I needed assistance, and I never thought I could obtain such caring help — a neighbor told me about Caregiver and I am very grateful!"

ML, age 87

"I am so happy that I have your help! You have provided me with a very dear caregiver. She has helped me in so many ways. I have gained a true friend. God bless Caregivers."

LS, age 71

Throughout the United States the elderly population is expanding more rapidly than any other age group, and the prediction is that this increase will continue well into the 21st Century. Those in the 85 years and older group often fall into the category of frail elderly because they are developing disabling medical problems that may require ongoing supportive care and attention. Loss of a drivers license and/or decreased mobility are also common causes of

increased need for services.

CAREGIVERS has as its primary goal the development of supportive ministerial relationships between one person served and one caregiver volunteer. This personal contact coupled with neighborly service lessens the isolation, loneliness and depression that could begin as an elderly person becomes homebound and increasingly dependent on others.

At joyous occasions like our holiday party, and through the receipt of letters and contributions, we learn how very deeply CAREGIVERS impacts the lives of the frail elderly of our communities.



*L to R: Doris Chute and her Volunteer, Frances Rodgers*

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## PROGRAM NOTES . . .

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### • from Ventura

Life gives all people the opportunity to define the kind of persons they want to be. Each volunteer, each person served is a one and only, risking the development of a new relationship. Joining CAREGIVERS long and esteemed list of volunteers since November are: Mary Reynoso, a lovely retired woman from Sacred Heart Church; Esperanza Smith, who retired recently after teaching many years and an active volunteer with Handicappables; Dolores Patrie of Assumption parish and a long time volunteer for Townhouse residents; Lu Ross, a name well known to many Venturans, founder of the Lu Ross Beauty School and Board member of La Ventana and a counselor of SCORE; Jeanette Battey of Assumption, a familiar face at Caregivers, always willing to lend a hand with mailings and program support; Jackson Frishman, an active carpenter doing a superb service for one of our persons served in great need; John Cowart, a retired high school teacher who has enthusiastically become a student at both recent training sessions on aging issues; Josefa Myer, a quiet, lovely ex-Marine - member of Sacred Heart Parish and student at Ventura College; Elena Taylor and her husband from Assumption Parish who have become fast friends with their person served delighting both her and themselves every Thursday; JoAnne Stoeckel who works at an Oxnard Elementary school supervising the meals of 300 pupils a day; Yong Raymond, a young Korean mother with a beautiful 3 month old who goes with Mom to visit a shut-in weekly; Ardelle Faue, coordinator of Assumption's Second Sunday for Seniors; Fran Brady returning to us after a well earned "time out" from respite volunteering; Barbara Coulson, a young mother who called and said she "just wants to help" and Robert McMann from Sacred Heart, a retired business man and an active golfer.

Presently, we are in great need of volunteers to help two blind women with transportation and errands. Both are entirely ambulatory but assistance is particularly necessary for continued independence. One is a quiet, cheerful woman living in the Ramelli Road area. If you have experience or sensitivity to blind persons and approximately 4 hours weekly to give, please call the office.

Besides these recent volunteers, we haven't forgotten our other 140 active people, two have been with us from the very beginning in 1984.

### • from Santa Paula

First, I want to thank all who came to the opening of the Santa Paula Office on January 7th. We had a wonderful breakfast and fellowship together, and it was an opportunity to meet with some special people of Santa Paula, among them, Margaret Gilliam and Elsa Campbell.

We welcome the following new volunteers to our Program: Ginny Sargent, Larry Castro, Carol Manzer, Sandra Arnott, Francis Blair, Dolores Alvarez and Hope Mata. We were sorry to say goodbye to John Allen who left the area to pursue a new job.

In the winter of 1990 issue, we reported about an inspiring lady named Ruth Huston, 87 years "young." She is now in the Santa Paula Healthcare facility following a stroke and we're pleased to report that she is doing well.

A thank you to the Men's Club of St. Paul's Episcopal Church for inviting me to speak about Caregiver's at their Wednesday night supper meeting. They are a very caring group and I had a wonderful time with them.

Congratulations to the Santa Paula recipients of the Lifetime Achievements Awards: Elizabeth Blanchard, Dr. R. Thomas Bousman, Tink Strother and Donna Nelson.

Our first "Faith to Action" series will be on **March 11th, "Communications, Emotions and Aging, Understanding the Possibilities"**, at St. Paul's Episcopal Church, from 1:00 - 3:00 p.m. This is free for all Caregiver volunteers, and \$6 for all our other friends.

While we have increased our volunteers in this program since our last newsletter, we still have many people needing a neighborly hand. Most need a ride to the grocery store, (such a simple request,) since they no longer drive. Just imagine if your car was suddenly taken away from you! If you know someone who needs our help or if you can volunteer, please feel free to drop by or call the office Monday, Wednesday, or Thursday, between the hours of 9:00 a.m. and noon.

My thanks to Esperanza Smith and Mary Reynoso for helping in the office.

# TO OUR GENEROUS DONORS, WE SAY THANK YOU

November 1, 1990 - February 5, 1991

## INDIVIDUALS

Anonymous  
George & Ellen Apell  
Helen Backe  
B. E. & Beverly Beitel  
Gordon & Louise Beller  
Mrs. Roy Bucher  
Eileen M. Burkart  
Virginia A. Camarillo  
Elsa A. Chianese  
Barbara Clifford  
Ethel M Clifford  
H. E. Clopper  
W. Jan & G. Carol Cochran  
Claude & Mildred Coffman  
Helen T. Collina  
Mrs. Gertrude M. Conover  
Charlotte E. Cooper  
Margaret P. Crosby  
Evelyn O. Davison  
John O. & Ellen Dick  
Ethel M. DiMateo  
William Dover  
R. H. Drysdale  
Mr. & Mrs. Charles Dunn  
Ellen B. Eden  
Ardelle M. Faue  
Roy A. Fletcher  
Vera Florin  
Alberta Freeman  
Ilona Fulop  
D. S. Gimblett  
Mrs. Ralph Gimblett  
Ysmael C. & Toni Gonzales  
Madeline E. Grissom  
H. K. & Ruth Guthrie  
Nova Hayes  
Mary Hoffman  
Ruth E. Huston  
Virgil and Sybil James  
Ellen Kalm  
Vernon C. & Rosemary C.  
Kelley  
Margaret Keller  
Marie Lesky  
Camille J. & Jeanne M.  
Levasseur  
Norma E. Linsley  
Dr. Dennis & Mrs. Longwill  
Sophie Mason  
Constance L. Mathis

Edward & Martha McCaslin  
Josephine McCollum  
Veva I. McCord  
Wayne H. McLeod  
Evelyn C. McRae  
Mrs. Mary L. Marquis  
Sylvia Chilton Martin  
Mr. & Mrs. Eugene Marzee  
Opal Mason  
Sophie S. Mason  
Constance L. Mathis  
James & Patricia Maynagh  
Ida G. Miller  
Lester & Evalene Mitterer  
Frances Mostert  
Daniel J. & Kathryn Murphy  
Ruth V. Murray  
Ted & Eda O'Dell  
Thor & Betty Olson  
Betty J. Patterson  
Hilda A. Pearce  
Bernard & Kay Peterson  
Albert & Beverly Phelps  
Marshall & Mary Jean Ploof  
Vincent & Verna C. Poole  
Paul & Gladys Posakony  
Eda Ramelli  
John & Trudy Real  
Bruce & Catherine Reeve  
Kenn & Barbara Ritza  
M. H. & Jean F. Robertson  
Evelyn G. Rose  
Anna K. Roth  
Mrs. Elmer Schmidt  
Paul & Mabel Schmitt  
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Betty J. Siegfried  
Blanche Siegfried  
Vivian A. Slazak  
Marion E. Smith  
Winnie Smith  
Mildred K. Snowden  
Elizabeth S. Steele  
Leona Stephens  
Michael Steinbaum D.P.M.  
Miye Miura Ttee  
Silva Todd  
Frederick & Sarah B. Ulam  
Miss Melba N. Vanoni  
Ron & Doris Weinirt  
Gordon & June Welsh  
Mabelle K. White  
E. J. & Kathleen Widney

Richard & Clare Wibblemann  
Mrs. Elizabeth Wolfe  
K. L. & C. J. York

## ORGANIZATIONS

Anonymous  
Assumption Church  
First Christian Church  
First United Methodist  
Church  
Harbor Plymouth-Chrysler  
Sales Inc.  
Knights of Columbus,  
Ventura  
Old Mission Church  
Joseph P. Reardon Funeral  
Chapel  
Sacred Heart Church  
Santa Paula Lions Club  
Trinity Lutheran Church  
Unocal Ventura District  
United Methodist Women

## IN MEMORY OF:

John Armstrong  
by Julius Gius  
John Briedegam  
by  
Thomas & Mary Briedegam  
Celia Calzada  
by Richard Calzada  
Clyde Campbell  
by  
Gertrude M. Campbell  
Esther Langford Henderson  
Peggy Weigand  
Honorable Peter J.  
Donoghue  
Members of Appel Family  
Members of Gibba Family  
by  
Mary C. Donaghue  
Robert "Bob" Godeck  
Ellen Kapp  
by  
Francis ,Kathleen Robinson

Lene Landberg  
by  
Kenneth & Letty Landberg

Gene Megowan  
by  
Vicki Godeck  
Francis & Kathleen Robinson

Clyde Merlindo  
by Vicki Godeck

Sara H. Osborne  
by  
Sally & Tom Fitzgerald

Lida Parker  
by John & June Atkinson

Mrs. Wm. Stowell  
by  
Daniel & Kathy Murphy

Love Whelt  
by Mary Hoffman

Ruby Yenhalala  
by  
Ladies Auxiliary VFW #1679

## IN HONOR OF:

Mary Braitman  
for being special  
from  
Susan Lacey

## WE REMEMBER:

### Those we served:

Frances Draper  
Jim Iliif  
Jens Jensen  
Mae Perry  
Grace Sabino  
Bliss Salcido  
Pete Sureau

# MESSAGES . . .

## • from the Director

Our volunteers ARE the program. It is because of their generosity that the CAREGIVERS exist. This year we have scheduled our **Volunteer Recognition Dinner** for **October 1, 1991** to not only thank each person who is so much apart of the program, but also to socialize with those who are so involved in serving the elderly. This celebration has previously been in the spring of each year. Moving it to the fall helps the total schedule for our other activities to be spread throughout the year. So ... mark your calendars now. It will be here sooner than we think.

This year, too, our second Community Cuisine Dinner will be held in Ventura - this time at the KC Hall. Last year you will remember we were one of the first groups to use the new Santa Paula Community Center. Since our program is mainly in Ventura and Santa Paula, we thought that alternating locations would be more convenient for both towns. Again, we plan a similar approach -- a buffet of favorite dishes from community food purveyors. So please join us on May 4th. Watch the papers and bulletins for more information as the time approaches or call us here at the center for additional information.

We have several new volunteers and persons we have begun to serve. It is nice to have them join us here at CAREGIVERS. In the office, we would also like to welcome Joni Larrieu. She is that gentle voice you first hear when you call. Nice having you, Joni.

With Easter not too far distant, these days prior to this beautiful feast gives us an opportunity to recall that we are "Easter People" and as "Easter People" we not only celebrate life but also reach out to all we meet.

## • from the Board of Directors

by Harry Walsh, Fund Development Chairperson

The culmination of many months of time and effort by the Board of Directors and staff occurred on Saturday evening, February 9th at the Holiday Inn in Ventura. The evening began with a gourmet filet mignon dinner, and was followed by remarks from Supervisor Susan Lacey and Star Free Press editor, John Bowman. The honored seniors were selected from the arts, education, business, and religious congregations and included: Elizabeth Blanchard, Rev. Dr. R. Thomas Bousman, Wayne Dugan, Sr.



Virginia Joseph La Lanne, Thomas Laubacher, Donna Nelson, Douglas Penfield, Frank Salazar, Tink Strother, and Frank Zack. The presentations were made by Harry Walsh, and concluded with honoree Frank Salazar leading the audience in singing Happy Birthday for fellow honoree Frank Zack, whose 85th birthday was that same day.

The purpose of the dinner was both to honor distinguished seniors for their lifetimes of significant contributions and to establish an Endowment Fund to insure the continued presence of CAREGIVERS.

Contributions or memorial gifts to the Fund may be made at any time to the VOLUNTEER CAREGIVERS.

## Calendar

March 11, 1991, Monday	<b>From Faith to Action Series: Communications, Emotions and Aging - Under standing the possibilities, 1:00 - 3:00 p.m., Santa Paula</b>
March 13, Wednesday	<b>Coordinators Breakfast, 8:00 - 9:00 a.m. (changed from March 20)</b>
March 15, Friday	Office closed St. Josephs Day
March 26, Tuesday	<b>Board of Directors Meeting, 7:00 - 9:00 a.m. followed by United Way Visitation, 9:30 - 11:30 a.m.</b>
March 28, 29	Office closed Easter vacation
April 10, Wednesday	<b>Coordinators' Luncheon and Workshop, 12:00 - 3:00 p.m.</b>
May 4, Saturday	<b>Board Retreat Day, 9:00 - 1:00 p.m.</b>
May 4, Saturday	<b>Community Cuisine Buffet Dinner, Ventura KC Hall, 6:00 p.m.</b>
May 8, Wednesday	<b>Coordinators' Breakfast, 8:00 - 9:00 p.m.</b>
May 27, Monday	Office closed Memorial Day

# Buenaventura Interfaith Volunteer Caregivers

Sponsored by the Sisters of St. Joseph of Carondelet

Executive Director: Sister Patricia Callahan C.S.J.  
Volunteer Director: Sister Jane Kelly S.N.J.M.  
Volunteer Director from Santa Paula: Carol Basralian

## Volunteer Caregivers: matched ... with ... the homebound

- reach out to the frail elderly in their own homes
- respite care to support the family caregiver
- share community resource information
- train & support volunteers in basic caregiving skills
- provide 2-4 hours weekly of neighborly, non-professional assistance with personal care, home management, social contacts, transportation

## A Ministry in Ventura:

Community Presbyterian Church  
Eastminister Presbyterian Church  
First United Methodist Church  
Knights of Columbus Council 2498  
Our Lady of the Assumption  
Catholic Church  
Sacred Heart Catholic Church  
San Buenaventura Mission  
Sisters of St. Joseph of Carondelet  
College United Methodist Church  
Trinity Lutheran Church

## A Ministry in Santa Paula:

St. Sebastian's Catholic Church  
First Presbyterian Church  
St. Paul's Episcopal Church  
Assembly of God Christian Center  
United Methodist Church  
Santa Paula Christian Church-  
Disciples of Christ  
El Buen Pastor United  
Methodist Church  
Our Lady of Guadalupe  
Catholic Church  
SP Ministerial Association

Tax deductible contributions or memorials may be made to:  
**VOLUNTEER CAREGIVERS** and sent to the Ventura Office

## Ventura and Main Office:

261 North Catalina  
Ventura, CA 93001  
805-652-0566  
M - F 9 a.m.- 4 p.m.

## Santa Paula Office:

at St. Paul's Episcopal Church  
117 No. 7th St.  
Santa Paula, CA 93060  
805-525-5006 M, W,Th 9-12 noon

A United Way Agency

Sisters of St. Joseph of Carondelet  
Buenaventura Interfaith Volunteer Caregivers  
261 No. Catalina St.  
Ventura, CA 93001

Non-profit Org.  
U.S. POSTAGE  
PAID  
Permit No. 5  
Ventura, CA



REMEMBER OUR  
COMMUNITY CUISINE DINNER  
ON MAY 4



**ARE YOU INTERESTED IN HELPING CAREGIVERS  
WITH A SHORT TERM PROJECT?**

**Community Cuisine Dinner on Saturday evening, May 4, 1991 at KC  
Hall in Ventura.**

Please check as many areas in which you may be interested; you would be con-  
tacted for discussion and picked for only one committee.

Food Committee

\_\_\_\_\_ Contact Possible Donors of Food (5 - 20 Hours)

\_\_\_\_\_ Set up, serve and dispose of remaining food to a charity on  
5/4 (4-6 Hours)

Facility Committee

\_\_\_\_\_ Set tables, chairs and decorate on 5/4 (4-7 hours)

\_\_\_\_\_ Clean up on 5/4 (2 hours)

Program Committee

\_\_\_\_\_ Design and distribute program and flyer with help of staff (4-8  
hours)

\_\_\_\_\_ Evening entertainment, "family fun", door prizes etc. (6-8 hours)

\_\_\_\_\_ Hospitality/Social hour: tickets, name tags, displays (4-6 hours)

\_\_\_\_\_ Other suggestions, ideas: \_\_\_\_\_

**Salute to Distinguished Seniors 1992**

Please check if interested.

\_\_\_\_\_ I would like to be a part of assisting with this function to be held  
the early part of 1992. Please contact me later to discuss.

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Best time to call \_\_\_\_\_

City, Zip, State \_\_\_\_\_

Comments \_\_\_\_\_

**Please return to Volunteer Caregivers in enclosed envelope. Thank you!**